

The Hampton Roads Police Athletic League (HRPAL) After School Program is designed to provide Hampton's youth with a safe environment while participating in a wide variety of educational and recreational opportunities.



Every Kid
Needs A
PAL

KIDS • COPS • COMMUNITIES



P A L

DAILY SCHEDULE

- 2:45: Snack
- 3:10: Pledge
- 3:15: Academic Enrichment
- 4:10: Law Enforcement Talk
- 4:30: Academics
- 5:15: Sporting Activity
- 6:00: Dinner
- 6:15: Dismissal

AFTER SCHOOL SITE LOCATION:

175 Fox Hill Rd
(Langley Christan Church)
Hampton, Virginia

HAMPTON ROADS PAL

Contact: Wayne Gomes
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www.hrpal.org

Hampton Roads Police Athletic League



AFTER SCHOOL PROGRAM



Hampton Roads Police Athletic League - After School Program

- Does your child attend Hampton City Schools and enrolled in 3rd -8th grade?
- Do you need a safe place for your child to go after school, Monday - Thursday afternoons?
- Could your child benefit from daily tutoring?
- Does your child have the desire to grow their leadership abilities?
- Would your child enjoy boxing, golf, podcasting, baseball, tennis, or chess?
- Would your child benefit from daily interaction with law enforcement?
- Would your child enjoy field trips college tours , and the potential for international travel?

Transportation provided from school to home

REGISTER AT WWW.HRPAL.ORG

To continue offering enriching and engaging programs for our youth, HRPAL will be introducing a modest weekly fee of \$20. This fee helps us maintain and enhance the quality of our activities and ensures we can provide a supportive environment for all participants.

We appreciate your understanding and support as we strive to make a positive impact in our community.



At HRPAL we believe in the following shared principles, beliefs and priorities....

Leadership: We will have the courage to lead from the front and shape the future of youth to develop their civic and community engagement. We are accountable for actions and results while creating social value for our community.

Service Excellence: We will give the best and set high expectations for ourselves and those we serve to achieve excellence each passing day.

Stewardship: We believe in our role as stewards of the public trust and the future of the young people we serve. We guard the integrity of our human and financial resources and the safety of our young charges carefully.

Trust: We will consciously commit to communicate in an authentic and transparent manner. We will listen, follow through, keep our word, and always honor our commitments.



Choose from programs such as yoga, dance, chess, esports, basketball and more!

With the aide of police officers, teachers, coaches, and college students, HRPAL helps with homework and provides youth with the opportunity to build their leadership skills and improve their social wellness.

HRPAL's After School Program encourages youth to broaden their horizons and develop positive relationships between police officers and youth while engaging in enriching activities.

CALL US 757-270-6757