



Every Kid Needs a PAL!

Hampton Roads Police Athletic League Afterschool Registration Packet Academic Year (AY) 2023-2024

***Once completed, please return registration form via email to: wayne@hrpal.org
Hampton Roads Police Athletic League AY 2023-2024**



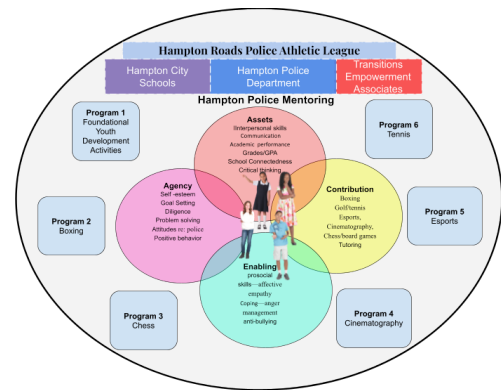
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Our Philosophy

We believe working families/parents should have equitable access to community-based support services which promote the establishment of supplemental quality adult relationships and positive role models. We are committed to partnering with families to motivate and encourage youth to achieve overall wellness and social functioning by uniting at-risk youth with the positive influence of prosocial supports via engaged partnership with law enforcement individuals. We believe this will decrease risk for violence and a negative life trajectory by creating a mutual relationship and solidifying a positive perception of law enforcement and community engagement. Our mission is to provide high quality, engaging, innovative and evidenced based programming geared to promote a safe educational and recreational environment, which promotes socio-emotional skill development and positive behavioral choices. allow to leave their children at one or multiple locations after school.

Our Values

1. Once empowered, even the biggest obstacles can become small.
2. Engaging in partnerships will foster trust and resilience.
3. Lives can be changed when help is sought and given.
4. Optimizing personal skills can create positive life outcomes.
5. High self-efficacy can facilitate dreams into action.



Our Purpose

Our Hampton Roads Police Athletic League (HRPAL) Afterschool Program; is designed for youth, in grades 3 to 8 within identified Hampton City Schools (HCS) and we operate according to the HCS academic calendar. Elementary students will begin at 2:15 pm and middle school students will begin at 4 pm each day; programming will end each day at 6pm. A snack and dinner will be provided for the students each day. Transportation is also provided to and from our location for students based upon need.

Our goals are to:

1. Provide quality afterschool enrichment activities that promote positive academic achievement and prosocial development.
2. To provide students a structured and safe environment that promotes a positive attitude toward law enforcement officers.



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PROGRAM SCHEDULE

Elementary School Schedule	
Pickup from Kraft Elementary	2:05 pm
Drop off to North Hampton Community Center	2:15 pm
Welcome-T-shirts and recitation of HRPAL Pledge	2:30pm
Conversation of the Day/Guest speaker	3:00 pm
Free play	3:30-pm
Restroom Break	3:45 pm
Academics	4:00 pm
Restroom Break	5:00pm
Activity Transition	5:15 pm
Socio-emotional Building/Engagement with Hampton Police (Boxing, Chess, eSports, Podcasting, Board Games, Golf) 5:15 pm	
Dinner	5:50 pm

*Programming is subject to change if needed

Middle School Schedule	
Welcome-T-shirts and recitation of HRPAL Pledge/Snack	4:05 pm
Restroom Break	4:15 pm
Academics	4:20 pm
Activity Transition	5:15 pm
Socio-emotional Building/Engagement with Hampton Police (Boxing, Chess, eSports, Podcasting, Board Games, Golf) 5:15 pm	
Dinner	5:50 pm

*Programming is subject to change if needed

IMPORTANT THINGS TO REMEMBER!

1. The program ends every day at 6:15 pm. If picking up, students must be picked up no later than 6:15 pm.
2. A late fee of \$15.00 will be charged for every 15 minutes after 6:15 pm
3. Clothing: students must wear their assigned HRPAL T-shirt while in the programming activities.
4. Tennis shoes must be worn daily as participants will be engaging in regular physical activity.
5. Code of Conduct rules apply, and the students must always abide by The Hampton Public Schools Code of Conduct.



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REGISTRATION:

Child's Birth Name _____ Nick Name _____

Date of Birth _____ Age _____

Gender: Male / Female/ Non-Binary _____ Grade _____

Parents/Guardian name: _____

Address _____

Zip Code _____

Telephone (H) _____ (W) _____ (Cell) _____

Emergency Telephone _____ Emergency Contact Person _____

Email address: _____

PARTICIPATION CONTRACT:

We hereby verify that the above information is true and correct, and that (participant's name) _____ is physically fit for the HRPAL After School Program. We understand that any false information will result in the loss of after school program privileges and immediate suspension from the after-school program noted below for the remainder of the season. The participant agrees to comply with the rules and regulations for the recreation sport, recreation facilities and activities as established by the Hampton Roads Police Athletic League.

REGULATIONS:

To be eligible to participate in after school program activities, a participant and his/her parent or guardian must completely fill out and properly sign this form attesting that the participant is physically fit for athletic competition and that the parent or guardian consents to such participation. A physical medical examination, while not compulsory, is highly recommended prior to participating in any HRPAL sponsored recreation sport program. Accident insurance is recommended for all participants in any HRPAL sponsored recreation sport program and it is the responsibility of the parent/guardian to provide such insurance.

PARENTAL CONSENT AND WAIVER:

I hereby consent to and approve of the above-named child participating in the Hampton Roads Police Athletic League. I understand the risks associated with participating in this program and hereby waive, for myself and the above-named child, any and all claims, demands and right of action against the City of Hampton, and the Hampton Roads Police Athletic League employees, coaches and officials of the league for any injury or accident which may occur to the said child as a result of participating in this after school program. The parent(s) and/or guardian(s) consent to and understand that photographs and/or images captured during the after-school program may be utilized in HR PAL literature and advertisement.

I hereby consent to and grant permission for the to obtain the above-named child's academic grades, attendance, and disciplinary records from their respective school.

Parent / Guardian Signature: _____ Date: _____



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**Student Release Authorization
Hampton Roads Police Athletic League AY 2023-2024**

I, _____, give my authorization for the individual(s) below to pick up my child, _____, from the Hampton Roads PAL program in my absence.

Name	Relationship to Student	Contact number

Parent Signature _____ Date _____